



Working better  
through wellbeing

## WorkWell 'Good as Gold' Workshop

**Embed a Sustainable Health and Wellbeing Culture**  
*Golden advice from a WorkWell Gold Accredited workplace*

Join us for an interactive workshop that will involve information sharing, including a headline presentation from WorkWell pioneer - Lakes District Health Board. Lakes District Health Board has been a WorkWell workplace since the launch of WorkWell and is WorkWell's longest serving Gold accredited workplace.

The workshop will include an in-depth look into Gold accreditation criteria and updates on international research and best practice for workplace wellbeing. Additionally, networking opportunities will be facilitated.

Please email your RSVP by 12<sup>th</sup> May to [work.well@bopdhb.govt.nz](mailto:work.well@bopdhb.govt.nz) or phone 0800 221 555 to speak with a WorkWell Advisor.

### Dates and Locations

#### Rotorua

Thursday 19<sup>th</sup> May  
9:00am to 11:00am

Toi Te Ora – Public Health  
Service  
1<sup>st</sup> Floor  
1161 Amohau Street,  
Rotorua

#### Tauranga

Monday 23<sup>rd</sup> May  
9:00am to 11:00am

Family Works Hillier Centre  
31 Gloucester Road,  
Mount Maunganui

[www.workwell.health.nz](http://www.workwell.health.nz)

#### WorkWell

Phone: 0800 221 555  
Visit: [www.workwell.health.nz](http://www.workwell.health.nz)  
Email: [work.well@bopdhb.govt.nz](mailto:work.well@bopdhb.govt.nz)

Toi Te Ora  
**Public Health Service**  
BAY OF PLENTY DISTRICT HEALTH BOARD  
*Serving Bay of Plenty and Lakes Districts*

*Our Workplace, Our Responsibility*