



Working better
through wellbeing

WorkWell Workshop

The Basics of Action Planning

How to get the most out of your Action and Evaluation Plan

Join us for an interactive workshop that will make the planning stage of your WorkWell programme easy! This two hour session will explain why a WorkWell Action and Evaluation Plan is important, and give you tools to make your plan effective. We will guide you through our new action-planning resources and feature presentations from several WorkWell businesses. There will also be opportunities for networking.

Please email your RSVP by 23rd October to work.well@bopdhb.govt.nz or phone 0800 221 555 to speak with a WorkWell Advisor.

Dates and Locations

Rotorua

Thursday 29th October
9:00am to 11:00am

Redwoods Gift Shop and
Visitor Centre
Long Mile Road,
Rotorua

*(Join us for an optional 30 minute
group walk through Redwoods
Forest at 8:15am)*

Tauranga

Friday 30th October
9:00am to 11:00am

Waipuna Hospice
Conference Room
43 Te Puna Station Road,
Te Puna,
Tauranga

www.workwell.health.nz

WorkWell

Phone: 0800 221 555
Visit: www.workwell.health.nz
Email: work.well@bopdhb.govt.nz

Toi Te Ora
Public Health Service
BAY OF PLENTY DISTRICT HEALTH BOARD
Serving Bay of Plenty and Lakes Districts

Our Workplace, Our Responsibility